



FOOTBALL CAMPS

June & July 2024



HOLIDAY CAMPS - U6 to U7 and U8 to U13

The holiday camp will be delivered over three days. During the camp players are put into groups by age or ability. Players are put through skills and technical training sessions in the morning. After morning tea coaches put on fun games with a hidden topic such as dribbling. During the break coaches run fun activities. After lunch players play in a tournament normally Champions League or World Cup.

U6's and U7's have a condensed morning camp.



ACADEMY & DEVELOPMENT CAMPS

The camp will deliver coaching sessions covering technical practices, skills practices, small sided games, functional practices, phases of play and games (age appropriate).

The Game Training Phase is a key component of Football Federation Australia's national curriculum. The Game Training Phase is exceptionally suited for developing tactical awareness and insight, whereas the purpose of the Skill Acquisition Phase is to acquire their core skills, the Game Training Phase is about learning how to apply them in a functional way. In the Game Training Phase the focus shifts towards learning to play as a team and developing an understanding of the team tasks during the main moments (attacking; defending; transitioning), as well as the specific tasks that go with the individual team positions.



GOALKEEPER & STRIKER CLINICS

Goal Keepers: Join our former FQPL 2 Senior Goalkeeper (GK) and Head GK Coach Rafael Castro as he puts keepers through their paces. Sessions will cover handling, positioning, striking the ball, footwork and dealing with specific game play scenarios.

Strikers: Players who wish to work on their finishing skill set have the perfect opportunity to touch up on their existing skill set. Join our coaches as they cover different finishing options in and around the box.

Contact

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Wet Weather

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